1 John 1:9

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

You are Forgiven and Healed

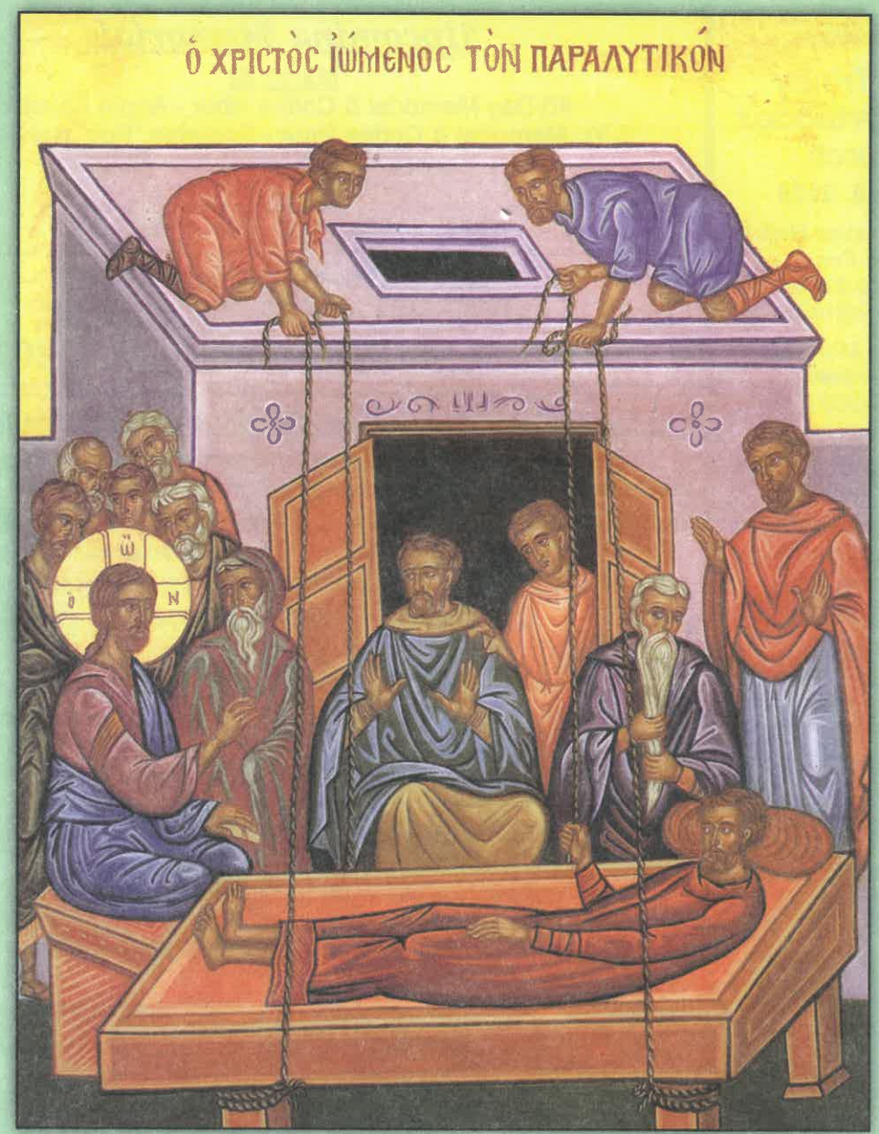
In Capernaum Jesus is surrounded by great numbers of people. As He preaches to the crowd, four friends of a paralyzed man lower him on his mat through the roof so that he can be close enough for Jesus to see him and cure him. Jesus responds to this act of faith, not by healing the man immediately, but by touching off the first of a series of controversial dialogues with the Scribes and Pharisees. When Jesus says, "Child, your sins are forgiven," He is as much as saying, "It is God whom you approach." In the Old Testament, only God is capable of forgiving sins; and it was expected that He would do so only at the end of time. It becomes clear why the Scribes murmur "he is blaspheming" and why Jesus brings it all out in the open. His claim to be able to forgive sins better reveals His identity as Son of God than do the miracles He performs.

Aware of the silent censure His forgiving word has caused in the crowd, Jesus proceeds to prove that "the Son of Man has authority to forgive sins on earth" by commanding the man to rise and walk in the sight of everyone. In concluding this miracle, Mark asks his readers to praise God for His presence in their midst as the forgiver-healer, just as the crowd did, even in the face of those who did not believe.

It is significant that Mark has chosen to present this miracle and teaching about Jesus' power to forgive sins so early in his Gospel drama. It shows that the need for the experience of God's forgiveness was as important to first-century Christians as it is today. Mark's readers praise God for saying clearly, and even today, "My sons, my daughters, I absolve you from your sins."

Eastern Christian Bulletin Service -- PO Box 3909 -- Fairfax, VA 22038-3909 www.ecbulletin.com Ph: 703-691-8862 Fax: 703-691-0513

Sunday of St. Gregory Palamas



Icon of Healing the Paralytic

Metropolis of Pittsburgh

Holy Trinity Greek Orthodox Church

March 8, 2026

Rev. Fr. Nicholas Halkias
Parish Priest
Home: 330-956-9039
Email: frnick@htgoc.net

Deacon Michael El-Bardawil
Cell: 330-209-7235

Dan Speece
Parish Council President
Cell: 240-483-6930
Email:djspeece@aol.com

Office: 330-494-8770
office@htgoc.net
www.htgoc.net

Office Hours
Monday - Friday
8:00 AM - 4:00 PM
(Closed noon-1pm for lunch)

Sunday Services
Orthros 8:30 AM
Divine Liturgy 9:30 AM

Orthros Liturgy

Epistle
Hebrews
1:10-14; 2:1-3

Gospel
Mark
2:1-12

Attendance
3/1/26
177

Today's Prosfora & Communion Wine

Donated by Sherry Moscariello & Sandy Rains
In Loving Memory of Parthena Giamourides

Donated by Tom & Mary Papadopoulos
In Loving Memory of Julia Papadopoulos

Upcoming Memorials

March 22
40-Day Memorial & Coffee Hour - Angie Anastas
1-Yr. Memorial & Coffee Hour - Socrates "Soc" Sakolevidis
Koraes Memorial & Coffee Hour

March 22
6-Month Memorial - Damon Halkias

KORAES LADIES SOCIETY - GENERAL ASSEMBLY NOTICE
TODAY - SUNDAY, MARCH 8, 2026

Tsoureki Bread Orders are due into Koraes by MARCH 14th!

Thank you so much to everyone at Holy Trinity for their outpouring of love, support and prayers for my mom, Jo Ann Manning, who fell asleep in the Lord on March 2, 2026 at the age of 86. I appreciate all the help, understanding and assistance I have received over the past few weeks. God bless all of you!

Lori Hohman and family

LENTEN FLOWER ENVELOPES & SERVICES



There are still donation envelopes available for our Lenten and Pascha flowers. Please take an envelope from the bulletin board outside the Church Office!

Attention Graduating Seniors (High School & College)

Please contact Lori in the Church Office at 330-494-8770 or email her at office@htgoc.net if you are graduating this year and provide the graduate's name, date of graduation, school graduating from, and if a college graduate, please provide the major. **Name Day is May 31, 2026 where graduates will be recognized.**

SCHOLARSHIP INFORMATION

Apply Now Online!



To apply to all the Scholarships available at Holy Trinity, please visit our website at https://htgoc.net/events/scholarships to fill out the applications.

All applications are due by April 30, 2026.

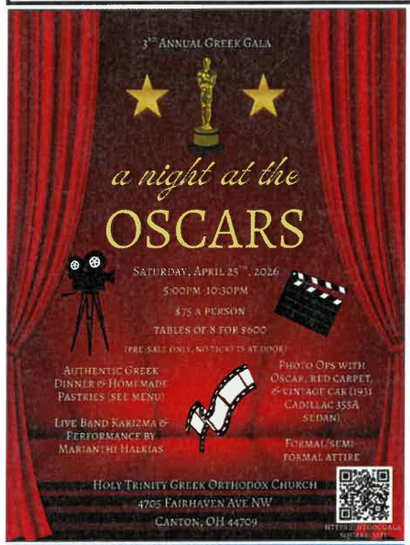
LENTEN LECTURE SERIES

THE JOURNEY OF HOLY WEEK

On the Fridays of Great Lent, following Salutations and Akathist Service, the journey through Holy Week will encourage thoughtful contemplation on Jesus Christ's atoning sacrifice, help us eagerly anticipate our resurrection celebration on Pascha, and cause us to earnestly reflect on what these events mean for how we live as followers of Jesus Christ today.

The dates are Friday evenings around 7pm - March 13, 20, and 27





SCHOLARSHIP INFORMATION

Apply Now Online!

Instructions and Applications are available for the AHEPA 59 Local Canton Chapter 59 at: ahepa59.org (April 30, Deadline)

Buckeye District 11 at buckeyedistrict11.org and AHEPA National at ahepa.org (March 31, Deadline)

Contact: John Kanpides (330) 283-0113
Paul Koskovich (330) 327-4079

DAUGHTERS OF PENELOPE
CHLORIS CHAPTER #40
PRESENTS:
THE 58TH ANNUAL
DEBUTANTES BALL

HONORING:
Alexandria Amentas
Sophia Brown
Emily Hallaman
Paisia Kantzos
Alyssa Koehler
Cheyenne Kyriacou
Alayna Linquist
Eleni Miller
Hannah Shiepis
Panagiota Tzouloufis
Alexia Zenallis

SATURDAY, APRIL 18, 2026
Alex D. Krassas Event Center
Doors open @ 7:30 p.m.
Presentation @ 8:30 p.m.

$25.00 per person
For tickets please call
Frances Pantelides @ 330-284-3929

Semi Formal Attire Requested
Cash Bar

Calendar for the Week

All Services are streaming online @ *www.htgoc.net/live*

Sunday, March 8
Daylight Savings Time begins
Koraes General Assembly

Monday, March 9
No Scheduled Events

Tuesday, March 10
Executive Board 6:00 PM
Ladies Exercise 6:00 PM

Wednesday, March 11
Bible Study 11:00 AM
Presanctified Liturgy 6:30 PM
@ Holy Trinity

Thursday, March 12
Gala Meeting 6:00 PM
Young Adult Basketball 7:30 PM

Friday, March 13
Presanctified Liturgy 9:00 AM
Akathist Service 6:00 PM
Lenten Lecture Series 7:00 PM

Saturday, March 14
No Scheduled Events

Sunday, March 15
Sunday of the Holy Cross
YMCA Catered Event 3:00 PM

Attention all kids grades K-5! We are looking forward to this year's festival and need a head count of how many little dancers we will have! If interested, please call or text Nicole Israel at 330-933-0651 or Hannah Greenbaum at 330-312-3833 to let us know. If anyone has dance costumes at home, please return them too! Thank you!

NO CASH?
NO PROBLEM!
Scan code with smart phone to make a payment!

SCAN ME

Resurrectional Apolytikion.
Mode pl. 2. *Automelon.*

When the angelic powers appeared at Your tomb, * the soldiers guarding it feared and became as dead. * And standing by the sepulcher was Mary, who was seeking Your immaculate body. * Unassailed by Hades, You divested it of spoils. * Then You met the Virgin. You granted life. * O Lord, risen from the dead, glory to You!

For the Hierarch.
Mode pl. 4.

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Apolytikion of Our Church
Mode pl. 4.

Blessed are You, O Christ our God; Who did show forth the fishermen to be all-wise, by sending down upon them the Holy Spirit. And through them You drew the world into Your net, O Friend of man, glory to You!

Kontakion.
Mode pl. 4. *Automelon.*

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

Prokeimenon. Mode Plagal 2
Psalm 27.9,1

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Ἀπολυτίκιον Ἀναστάσιμον.
Ἦχος πλ. β΄. *Αὐτόμελον.*

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἵστατο Μαρία ἐν τῷ τάφῳ ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἅδην, μὴ πειρασθεὶς ὑπ᾽ αὐτοῦ· ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωήν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Τοῦ Ἱεράρχου.
Ἦχος πλ. δ΄.

Ὀρθοδοξίας ὁ φωστήρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονὴ, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργὲ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἱκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

Τοῦ Ναοῦ.
Ἦχος πλ. δ΄.

Εὐλογητὸς εἶ Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἁλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, Φιλάνθρωπε, δόξα σοι.

Κοντάκιον.
Ἦχος πλ. δ΄. *Αὐτόμελον.*

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ᾽ ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

Πρὸς Ἑβραίους 1:10-14, 2:1-3

Προκείμενον. Ἦχος πλ. β'
ΨΑΛΜΟΙ 27.9,1

Σῶσον, Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι ὁ Θεός μου.

Πρὸς Ἑβραίους 1:10-14, 2:1-3 τὸ ἀνάγνωσμα

Κατ᾽ ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σού εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἑλίξεις αὐτοὺς, καὶ ἀλλαγήσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἴρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρυῶμεν. Εἰ γὰρ ὁ δι᾽ ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοὴ ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἥτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.

Ἐκ τοῦ Κατὰ Μᾶρκον 2:1-12 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι᾽ ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσαι αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ᾽ ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι σου. ἦσαν δέ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστιν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σου αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ ὕπαγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἴδομεν.