THE EBB AND FLOW OF LIFE

Because of his willingness to confront King Ahab for his unrighteous and pagan ways, the **PROPHET ELIJAH** often found himself fleeing for his life. In the First Book of Kings, we read how God sends him to the safety of the Brook Cherith, where he not only finds shelter, but food and refreshing waters. Elijah's fortunes change quickly, however, and soon that brook, which brought him much-needed relief, dries up and is utterly worthless to him. For the Prophet, joy had become despair.

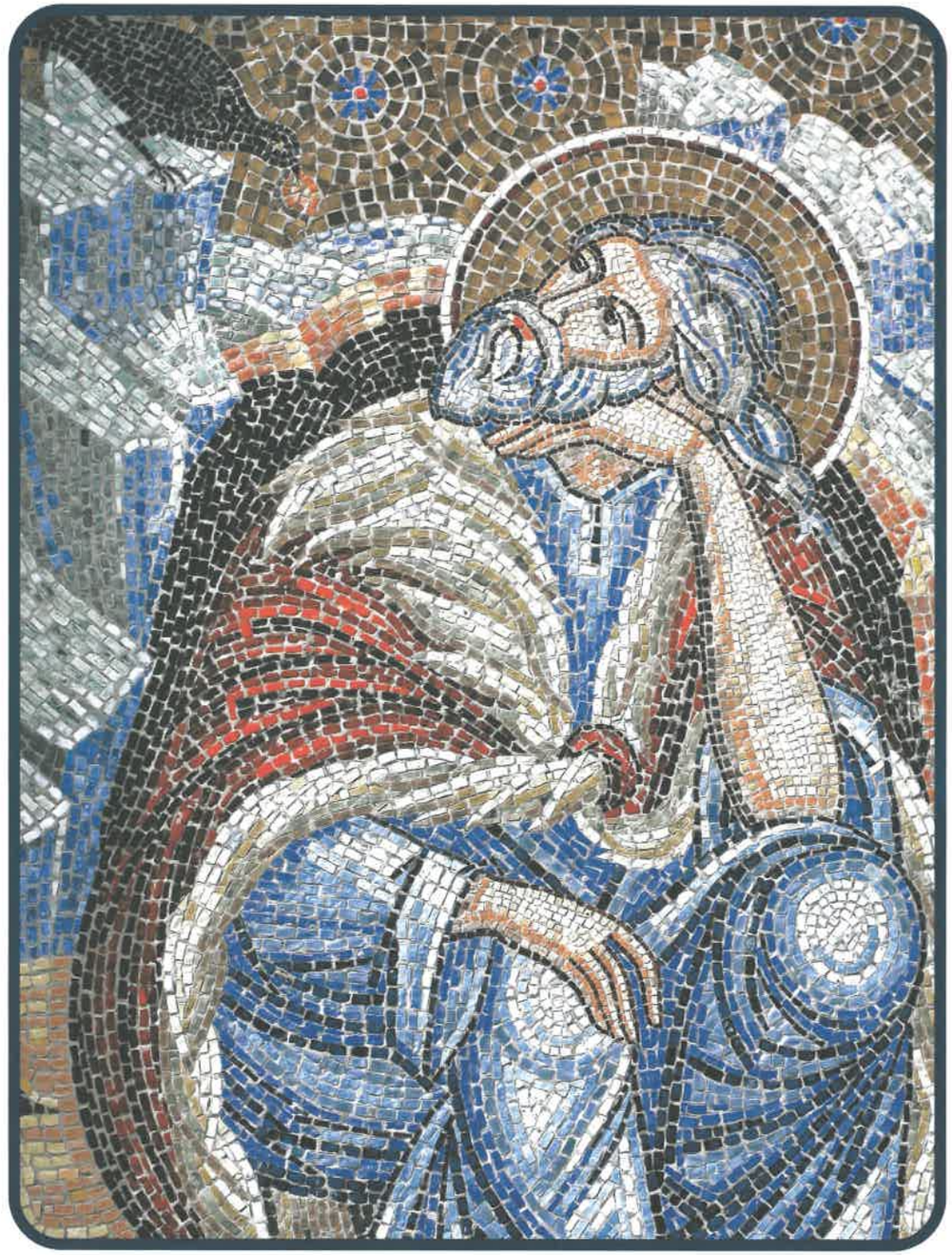
How often do we see this happening in our own lives? How many times has our good fortune turned to bad almost overnight? Our once-thriving business suddenly fails . . . our high-value stocks suddenly plummet . . . the "love of our life" forsakes us. Yes, life is truly filled with "dried up brooks."

Yet we must believe that things always happen for a reason. As the old saying goes, **"When God closes a door, He always opens a window somewhere."** When the Brook Cherith dried up and the outlook for Elijah was at its bleakest point, we read in the First Book of Kings that the word of God came to him. God had not led him there so that he could die. No, He had other plans for him, setting Elijah on a path that would eventually take him back to the king so that he could show the power of the one true God of Israel. Elijah listened to the voice of God, and so must we. We must be receptive to what His new plan for us may be, just as Elijah was. When our world seems to be falling apart, this is precisely the time to put our trust in the Lord. When darkness engulfs us, we must seek the true Light to brighten our path. Yes, **"dried up brooks"** can be transformed very quickly, if we recognize the right **"Source"** needed to fill them!

The Orthodox Weekly Bulletin . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.

Matthew 7:7

Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.



Metropolis of Pittsburgh

Holy Trinity Greek Orthodox Church

July 20, 2025

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Office Hours
Monday - Friday
8:00 AM - 4:00 PM
(Closed noon-1pm for lunch)

Sunday Services
Orthros 8:30 AM
Divine Liturgy 9:30 AM

Orthros Liturgy

Epistle
James
5:10-20

Gospel
Matthew
9:1-8

Attendance
7/13/25
135

Upcoming Memorials

August 10

Trisagion - Maria Callas (31 Yrs) and Mike Callas (29 Yrs)

BIRTH ANNOUNCEMENT!!



Congratulations to Mark & Gianna Helmick on the birth of their daughter, Gia, born on July 2, 2025.

Proud grandparents, Tom & Mary Papadopoulos!

Have you turned in your 2025 Stewardship Commitment Card?

It's not too late!!!



2025 Stewardship Cards are available at the Pangari, on the wall by the Church Office and in the Church Office.

Giving Statements In the Mail!



Statements of Giving for the first half of 2025 are in the mail to everyone. Please remember that these will only show items from January 2025 through June 2025 and only those items in which nothing was received in return. If you have any questions regarding the statements, please contact Lori in the Church Office at 330-494-8770.

FABRIC SOFTENER NEEDED!



The kitchen is asking for donations of fabric softener and Oxi cleaning products so we can wash and dry towels and aprons as they are used. Please leave donated items in the kitchen. Thank you!

TRINITARIAN SPOTS AVAILABLE

There are several openings in the Trinitarian for Ad spots for businesses, memorials, or groups at Holy Trinity. These run for 12 months in our Trinitarian. Please contact Lori in the Church Office for more information.





NOTICE: Bible Study will resume on July 30, 2025.

Orthodoxy 101 and 201 Classes



Sign up sheets are at the pangari for anyone interested in taking our classes on Orthodoxy 101 or 201. **Classes begin on Wednesday, September 3 at 7:00 PM, following our evening service.** Classes are open to all and for anyone interested in learning more about our Orthodox Faith. See Father Nick for further information or any questions.



Calendar for the Week

All Services are streaming online @ *www.htgoc.net/live*

Sunday, July 20
Elias the Prophet
Father Nick - Vacation Begins following the Service

Monday, July 21
Father Nick - Vacation
Tear Down from Festival
No Scheduled Events

Tuesday, July 22
Father Nick - Vacation
Tear Down from Festival
No Scheduled Events

Wednesday, July 23
Father Nick - Vacation
No Scheduled Events

Thursday, July 24
Father Nick - Vacation
Young Adult Basketball 7:30 PM

Friday, July 25
Father Nick - Vacation
No Scheduled Events

Saturday, July 26
Father Nick - Vacation
No Scheduled Events

Sunday, July 27
Father Nick - Vacation
Guest Priest-
Father Thomas Drenen

Fr. Nick's Schedule

Fr. Nick will be on Vacation from July 20-28.

out of office

NO CASH?
NO PROBLEM!
Scan code with smart phone to make a payment!

SCAN ME

Resurrectional Apolytikion.
Mode pl. 1. *Automelon*.

As the Father and Spirit are unoriginate, * so the Word, who was born from the Virgin for us. * Let us praise Him, O believers, and let us worship Him. * For our salvation He was pleased * to be crucified in the flesh, * and to undergo death, * and to resurrect the dead, by His glorious resurrection.

For the Prophet.
Mode 4. *Come quickly.*

The angel incarnate and the Prophets' pedestal, * the second Forerunner of the coming of Christ, Elias the glorious, * sent down to Elisha the divine grace from heaven. * He drives away diseases and he cleanses lepers. * Therefore he pours out healings to those who honor him.

Apolytikion of Our Church
Mode pl. 4.

Blessed are You, O Christ our God; Who did show forth the fishermen to be all-wise, by sending down upon them the Holy Spirit. And through them You drew the world into Your net, O Friend of man, glory to You!

Kontakion.
Mode 2.

A protection of Christians unshamable, intercessor to our Holy Maker, unwavering, reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: hasten to intercede, and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

St. James' Universal Letter 5:10-20

Prokeimenon. Mode 1
Psalm 109.4,1

You are a priest for ever after the order of Melchizedek.
Verse: The Lord said to my Lord: Sit at my right hand, till I make your enemies my footstool.

The reading is from St. James' Universal Letter 5:10-20

BRETHREN, take as an example of suffering and patience the prophets who spoke in the name of the Lord. Behold, we call those happy who were steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful. But above all, my brethren, do not swear, either by heaven or by earth or with any other oath, but let your yes be yes and your no be no, that you may not fall under condemnation. Is any one among you suffering? Let him pray. Is any cheerful? Let him sing praise. Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven. Therefore confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects. Elijah was a man of like nature with ourselves and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again and the heaven gave rain, and the earth brought forth its fruit. My brethren, if any one among you wanders from the truth and some one brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.

The Gospel According to Matthew 9:1-8

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

Ἀπολυτίκιον Ἀναστάσιμον.
Ἦχος πλ. α΄. *Αὐτόμελον.*

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ηὐδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ ἀναστάσει αὐτοῦ.

Τοῦ Προφήτου.
Ἦχος δ΄. *Ταχὺ προκατάλαβε.*

Ὁ ἔνσαρκος ἄγγελος, τῶν Προφητῶν ἡ κρηπίς, ὁ δεύτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ἠλίας ὁ ἔνδοξος, ἄνωθεν καταπέμψας, Ἐλισαίῳ τὴν χάριν, νόσους ἀποδιώκει, καὶ λεπροὺς καθαρίζει· διὸ καὶ τοῖς τιμῶσιν αὐτὸν βρύει ἰάματα.

Τοῦ Ναοῦ.
Ἦχος πλ. δ΄.

Εὐλογητὸς εἶ Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἁλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, Φιλάνθρωπε, δόξα σοι.

Κοντάκιον.
Ἦχος β΄.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδῃς, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.

Ἰακώβου 5:10-20

Προκείμενον. Ήχος α'
ΨΑΛΜΟΙ 109.4,1

Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

Στίχ. Εἶπεν ὁ Κύριος τῷ Κυρίῳ μου΄ Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθροὺς σου ὑποπόδιον τῶν ποδῶν σου.

Ἰακώβου 5:10-20 τὸ ἀνάγνωσμα

Ἀδελφοί, ὑπόδειγμα λάβετε, ἀδελφοί μου, τῆς κακοπαθείας, καὶ τῆς μακροθυμίας, τοὺς προφήτας οἳ ἐλάλησαν τῷ ὀνόματι κυρίου. Ἰδού, μακαρίζομεν τοὺς ὑπομένοντας· τὴν ὑπομονὴν Ἰὼβ ἠκούσατε, καὶ τὸ τέλος κυρίου ἴδετε, ὅτι πολύσπλαγχνός ἐστιν καὶ οἰκτίρμων. Πρὸ πάντων δέ, ἀδελφοί μου, μὴ ὀμνύετε, μήτε τὸν οὐρανόν, μήτε τὴν γῆν, μήτε ἄλλον τινὰ ὅρκον· ἤτω δὲ ὑμῶν τὸ ναί, ναί, καὶ τὸ οὔ, οὔ· ἵνα μὴ εἰς ὑπόκρισιν πέσητε. Κακοπαθεῖ τις ἐν ὑμῖν; Προσευχέσθω. Εὐθυμεῖ τις; Ψαλλέτω. Ἀσθενεῖ τις ἐν ὑμῖν; Προσκαλεσάσθω τοὺς πρεσβυτέρους τῆς ἐκκλησίας, καὶ προσευξάσθωσαν ἐπ' αὐτόν, ἀλείψαντες αὐτὸν ἐλαίῳ ἐν τῷ ὀνόματι τοῦ κυρίου· καὶ ἡ εὐχὴ τῆς πίστεως σώσει τὸν κάμνοντα, καὶ ἐγερεῖ αὐτὸν ὁ κύριος· κἂν ἁμαρτίας ᾖ πεποιηκώς, ἀφεθήσεται αὐτῷ. Ἐξομολογεῖσθε ἀλλήλοις τὰ παραπτώματα, καὶ εὔχεσθε ὑπὲρ ἀλλήλων, ὅπως ἰαθῆτε. Πολὺ ἰσχύει δέησις δικαίου ἐνεργουμένη. Ἠλίας ἄνθρωπος ἦν ὁμοιοπαθὴς ἡμῖν, καὶ προσευχῇ προσηύξατο τοῦ μὴ βρέξαι· καὶ οὐκ ἔβρεξεν ἐπὶ τῆς γῆς ἐνιαυτοὺς τρεῖς καὶ μῆνας ἕξ. Καὶ πάλιν προσηύξατο, καὶ ὁ οὐρανὸς ὑετὸν ἔδωκεν, καὶ ἡ γῆ ἐβλάστησεν τὸν καρπὸν αὐτῆς. Ἀδελφοί, ἐάν τις ἐν ὑμῖν πλανηθῇ ἀπὸ τῆς ἀληθείας, καὶ ἐπιστρέψῃ τις αὐτόν, γινωσκέτω ὅτι ὁ ἐπιστρέψας ἁμαρτωλὸν ἐκ πλάνης ὁδοῦ αὐτοῦ σώσει ψυχὴν ἐκ θανάτου, καὶ καλύψει πλῆθος ἁμαρτιῶν.

Ἐκ τοῦ Κατὰ Ματθαῖον 9:1-8 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἐμβὰς εἰς πλοῖον διεπέρασε καὶ ἦλθεν εἰς τὴν ἰδίαν πόλιν. Καὶ ἰδοὺ προσέφερον αὐτῷ παραλυτικὸν ἐπὶ κλίνης βεβλημένον· καὶ ἰδὼν ὁ ᾽Ιησοῦς τὴν πίστιν αὐτῶν εἶπε τῷ παραλυτικῷ· θάρσει, τέκνον· ἀφέωνταί σοι αἱ ἁμαρτίαι σου. καὶ ἰδού τινες τῶν γραμματέων εἶπον ἐν ἑαυτοῖς· οὗτος βλασφημεῖ. καὶ ἰδὼν ὁ ᾽Ιησοῦς τὰς ἐνθυμήσεις αὐτῶν εἶπεν· ἵνα τί ὑμεῖς ἐνθυμεῖσθε πονηρὰ ἐν ταῖς καρδίαις ὑμῶν; τί γάρ ἐστιν εὐκοπώτερον, εἰπεῖν, ἀφέωνταί σου αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἐπὶ τῆς γῆς ἀφιέναι ἁμαρτίας - τότε λέγει τῷ παραλυτικῷ· ἐγερθεὶς ἆρόν σου τὴν κλίνην καὶ ὕπαγε εἰς τὸν οἶκόν σου. καὶ ἐγερθεὶς ἀπῆλθεν εἰς τὸν οἶκον αὐτοῦ. ἰδόντες δὲ οἱ ὄχλοι ἐθαύμασαν καὶ ἐδόξασαν τὸν Θεὸν τὸν δόντα ἐξουσίαν τοιαύτην τοῖς ἀνθρώποις.