APPLES FROM PARADISE

The path of righteousness that leads one to sainthood is varied. God accepts those who serve Him best, regardless of their background. One such example is a humble monk known throughout eternity as simply "EUPHROSYNOS THE COOK."

It seems that his parents were pious, but poor, and when they passed away, Euphrosynos sought refuge in a Mt. Athos monastery. He was of pure and simple spirit, enriched through devout prayers. Because of his lack of any formal education, he was put to work in the monastery kitchen. While others may have felt that such labor was menial and demeaning, Euphrosynos was grateful for this opportunity to be of faithful service to the monastic community.

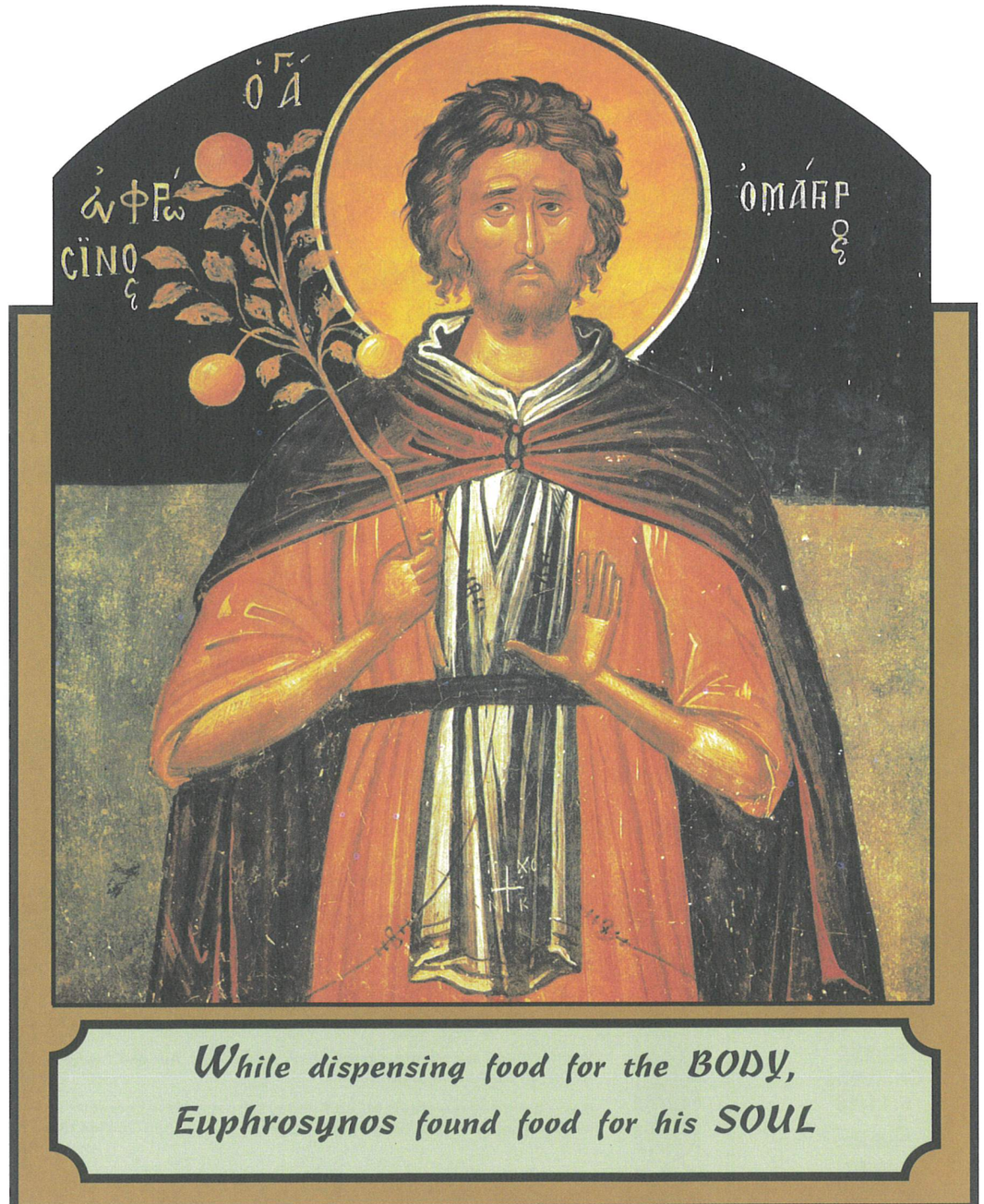
One night the abbot of the monastery had a dream that placed him in Paradise. In this beautiful garden setting stood one lone monk: Euphrosynos the Cook! In the dream, he explained to the abbot about the Kingdom of Heaven, and he placed a branch with three apples on it in the abbot's hand. When he awoke from his dream, he found the apple-laden branch still in his hand! The astonished abbot rushed to the kitchen and asked Euphrosynos where he had been during the night. Mysteriously, he replied: "I was where you were, Father." The abbot shared his dream with the other monastics, who now had a new-found respect and admiration for the Cook. Their attention, however, caused Euphrosynos to feel uncomfortable and he retired into the desert, where he spent the rest of his life alone.

Through the example of St. Euphrosynos, may we learn that we are to live humbly, serving our brothers and sisters with joy and gladness until the day when we will achieve the reward of the "fruit" of our earthly labors.

The Orthodox Weekly Bulletin . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.

James 4:10

Humble yourselves in the sight of the Lord, and He will lift you up.



Metropolis of Pittsburgh

Holy Trinity Greek Orthodox Church

September 8, 2024

Rev. Fr. Nicholas Halkias
Parish Priest
Home: 330-956-9039
Email: frnick@htgoc.net

Deacon Michael El-Bardawil
Cell: 330-209-7235

Dan Speece
Parish Council President
Cell: 240-483-6930
Email:djspeece@aol.com

Office: 330-494-8770
office@htgoc.net
www.htgoc.net

Office Hours
Monday - Friday
8:00 AM - 4:00 PM
(Closed noon-1pm for lunch)

Sunday Services
Orthros 8:30 AM
Divine Liturgy 9:30 AM

Orthros Liturgy

Epistle
Galatians
6:11-18

Gospel
John
3:13-17

Attendance
9/1/24
103

Today's Prosfora & Communion Wine

Donated by Maria Bourlas
In honor of the celebration of the Theotokos and for the Health of her granddaughter and family

Upcoming Memorials

September 22
Memorial & Coffee Hour - Kosta, Helen & Andrew Christopher and Steve & Kathryn Lazarides

Condolences

Andrew Pertginides, age 91, fell asleep in the Lord on September 1, 2024.

May his memory be eternal!



REMINDER: All Trinitarian items are due into the Church Office by the 10th of the month for October.

JOIN NOW HOPE group
Ages K-2

Save The Dates

SUN. SEPT. 15 –
KICK- OFF MEETING
SUN. OCT. 12 –
KINGSWAY PUMPKIN FARM
SUN. NOV. 17 –
GIVING THANKS PROJECT
SUN. DEC. 24 –
CHRISTMAS PAGEANT

Call / Text: MaryAnn Anastas Rundo - 850.368.8312
Calista Macrides Welling - 330.605.7378

GOYA MEETING

SEPTEMBER 15, 2024

Following Liturgy

ELECTIONS FOR THE YEAR WILL TAKE PLACE!



Hope to see all GOYAns there!

Mark your calendar!

Sunday school starts September 15th!

We hope you are having a great break from class. But can't wait to see all the kids in September.

If you have any questions about Sunday school, please contact Kelly Antoniades at kellyantoniades@gmail.com or 330-704-4473.

See you all in class soon!

Annual House Blessings



The Annual House Blessings have begun!. The list is posted on the bulletin board outside the Church Office and in the Trinitarian showing the dates and routes. **Please contact the Church Office if the day you are scheduled has a conflict** or if you are interested in riding along on a day to get your name on the ride along list!

Orthodoxy 101 and 201 Classes

A list for light refreshments to be offered each week is at the Pangari. Please sign up for a week to share with others!



Koraes Ladies Society Dinner Theatre

MARK YOUR CALENDAR!

Thursday, October 17, 2024

Legends II with Melanie, Michael & the MJB Orchestra and Special Guests!

Tickets:
$65 per person
Doors open at 5:30 PM
Holy Trinity Hall

Save the date

SAVE THE DATE!

To all Holy Trinity families:
Mark your calendars for



November 2, 2024

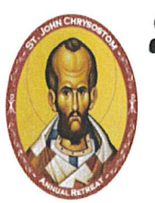
Fall Harvest



Food - Fun - Fellowship

More Details to Follow!

Event sponsored by Koraes Ladies Society



ST. JOHN CHRYSOSTOM ANNUAL RETREAT



Saturday, November 9, 2024

Retreat Theme: Addictions & The Passions - How Unhealthy Connections Affect Us Spiritually
Speaker: Fr. Dimitrios Moraitis

Calendar for the Week

All Services are streaming online @ *www.htgoc.net/live*

Sunday, September 8
Nativity of the Theotokos
40-Day Memorial - Aristides Poa
Seniors Coffee Hour

Monday, September 9
No Scheduled Events

Tuesday, September 10
Senior Luncheon 12:00 PM
Ladies Exercise 6:00 PM

Wednesday, September 11
HOUSE BLESSINGS DAY #5
Paraklesis 6:00 PM
Orthodoxy 101 & 201 Classes 7:00 PM

Thursday, September 12
HOUSE BLESSINGS DAY #6
Koraes Board Meeting 7:00 PM
Young Adult Basketball 7:30 PM

Friday, September 13
HOUSE BLESSINGS DAY #7

Saturday, September 14
Exaltation of the Holy Cross
Orthros 8:30 AM
Liturgy 9:30 AM

Sunday, September 15
Sunday School Begins
Artoklasia & Coffee Hour - Koraes
HOPE Event 11:30 AM
GOYA Meeting 11:30 AM

OFFICE SCHEDULE

Lori will be on vacation Monday, September 16, 2024. The Church Office will be closed.

NO CASH?
NO PROBLEM!
Scan code with smart phone to make a payment!

SCAN ME

Resurrectional Apolytikion.
Mode 2.

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, “O Christ God, Giver of life, glory to You!”

For the Feast.
Mode 4.

Your Nativity, O Theotokos, imparted joy to the entire earth, for out of you has risen the Sun of Righteousness, Christ our God. He nullified the curse and instead gave His blessing; and causing death to be neutralized, He granted us eternal life.

Kontakion.
Mode 4.

Both Joachim and Anna from their sterility’s stigma, and Adam and Eve from their mortality’s ruin have been set free, O immaculate Maid, by your holy nativity. For this do your people hold celebration, redeemed from the guilt of transgression as they cry to you, “The barren one bears the Theotokos, the nourisher of our Life.”

St. Paul's Letter to the Galatians 6:11-18

Prokeimenon. Mode Plagal 2
Psalm 27.9,1
O Lord, save your people and bless your inheritance.
Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Letter to the Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

The Gospel According to John 3:13-17

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man who is in heaven. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him."

Ἀπολυτίκιον Ἀναστάσιμον.
Ἦχος β΄.

Ὅτε κατῆλθες πρὸς τὸν θάνατον, ἡ ζωὴ ἡ ἀθάνατος, τότε τὸν ᾅδην ἐνέκρωσας, τῇ ἀστραπῇ τῆς θεότητος· ὅτε δὲ καὶ τοὺς τεθνεῶτας, ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

Τῆς Ἑορτῆς.
Ἦχος δ΄.

Ἡ γέννησίς σου Θεοτόκε, χαρὰν ἐμήνυσε πάσῃ τῇ οἰκουμένῃ· ἐκ σοῦ γὰρ ἀνέτειλεν ὁ ἥλιος τῆς δικαιοσύνης, Χριστὸς ὁ Θεὸς ἡμῶν, καὶ λύσας τὴν κατάραν, ἔδωκε τὴν εὐλογίαν· καὶ καταργήσας τὸν θάνατον, ἐδωρήσατο ἡμῖν ζωὴν τὴν αἰώνιον.

Κοντάκιον.
Ἦχος δ΄.

Ἰωακεὶμ καὶ Ἄννα ὀνειδισμοῦ ἀτεκνίας, καὶ Ἀδὰμ καὶ Εὔα, ἐκ τῆς φθορᾶς τοῦ θανάτου, ἠλευθερώθησαν, Ἄχραντε, ἐν τῇ ἁγίᾳ γεννήσει σου· αὐτὴν ἑορτάζει καὶ ὁ λαός σου, ἐνοχῆς τῶν πταισμάτων, λυτρωθεὶς ἐν τῷ κράζειν σοι· Ἡ στεῖρα τίκτει τὴν Θεοτόκον, καὶ τροφὸν τῆς ζωῆς ἡμῶν.

Πρὸς Γαλάτας 6:11-18

Προκείμενον. Ήχος πλ. β'
ΨΑΛΜΟΙ 27.9,1
Σῶσον, Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.
Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι ὁ Θεός μου.

Πρὸς Γαλάτας 6:11-18 τὸ ἀνάγνωσμα

Ἀδελφοί, ἴδετε πηλίκοις ὑμῖν γράμμασιν ἔγραψα τῇ ἐμῇ χειρί. Ὅσοι θέλουσιν εὐπροσωπῆσαι ἐν σαρκί, οὗτοι ἀναγκάζουσιν ὑμᾶς περιτέμνεσθαι, μόνον ἵνα μὴ τῷ σταυρῷ τοῦ Χριστοῦ διώκωνται. Οὐδὲ γὰρ οἱ περιτετμημένοι αὐτοὶ νόμον φυλάσσουσιν, ἀλλὰ θέλουσιν ὑμᾶς περιτέμνεσθαι, ἵνα ἐν τῇ ὑμετέρᾳ σαρκὶ καυχήσωνται. Ἐμοὶ δὲ μὴ γένοιτο καυχᾶσθαι εἰ μὴ ἐν τῷ σταυρῷ τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ· δι' οὗ ἐμοὶ κόσμος ἐσταύρωται, κἀγὼ τῷ κόσμῳ. Ἐν γὰρ Χριστῷ Ἰησοῦ οὔτε περιτομή τι ἰσχύει, οὔτε ἀκροβυστία, ἀλλὰ καινὴ κτίσις. Καὶ ὅσοι τῷ κανόνι τούτῳ στοιχήσουσιν, εἰρήνη ἐπ' αὐτούς, καὶ ἔλεος, καὶ ἐπὶ τὸν Ἰσραὴλ τοῦ θεοῦ. Τοῦ λοιποῦ, κόπους μοι μηδεὶς παρεχέτω· ἐγὼ γὰρ τὰ στίγματα τοῦ κυρίου Ἰησοῦ ἐν τῷ σώματί μου βαστάζω. Ἡ χάρις τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ μετὰ τοῦ πνεύματος ὑμῶν, ἀδελφοί. Ἀμήν.

Ἐκ τοῦ Κατὰ Ἰωάννην 3:13-17 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· καὶ οὐδεὶς ἀναβέβηκεν εἰς τὸν οὐρανὸν εἰ μὴ ὁ ἐκ τοῦ οὐρανοῦ καταβάς, ὁ υἱὸς τοῦ ἀνθρώπου ὁ ὢν ἐν τῷ οὐρανῷ. καὶ καθὼς Μωϋσῆς ὕψωσε τὸν ὄφιν ἐν τῇ ἐρήμῳ, οὕτως ὑψωθῆναι δεῖ τὸν υἱὸν τοῦ ἀνθρώπου, ἵνα πᾶς ὁ πιστεύων εἰς αὐτὸν μὴ ἀπόληται ἀλλ' ἔχῃ ζωὴν αἰώνιον. Οὕτω γὰρ ἠγάπησεν ὁ Θεὸς τὸν κόσμον, ὥστε τὸν υἱὸν αὐτοῦ τὸν μονογενῆ ἔδωκεν, ἵνα πᾶς ὁ πιστεύων εἰς αὐτὸν μὴ ἀπόληται ἀλλ' ἔχῃ ζωὴν αἰώνιον. οὐ γὰρ ἀπέστειλεν ὁ Θεὸς τὸν υἱὸν αὐτοῦ εἰς τὸν κόσμον ἵνα κρίνῃ τὸν κόσμον, ἀλλ' ἵνα σωθῇ ὁ κόσμος δι' αὐτοῦ.